

MNÁ LE CHÉILE

Co-created Framework for Change

THE 5 C'S

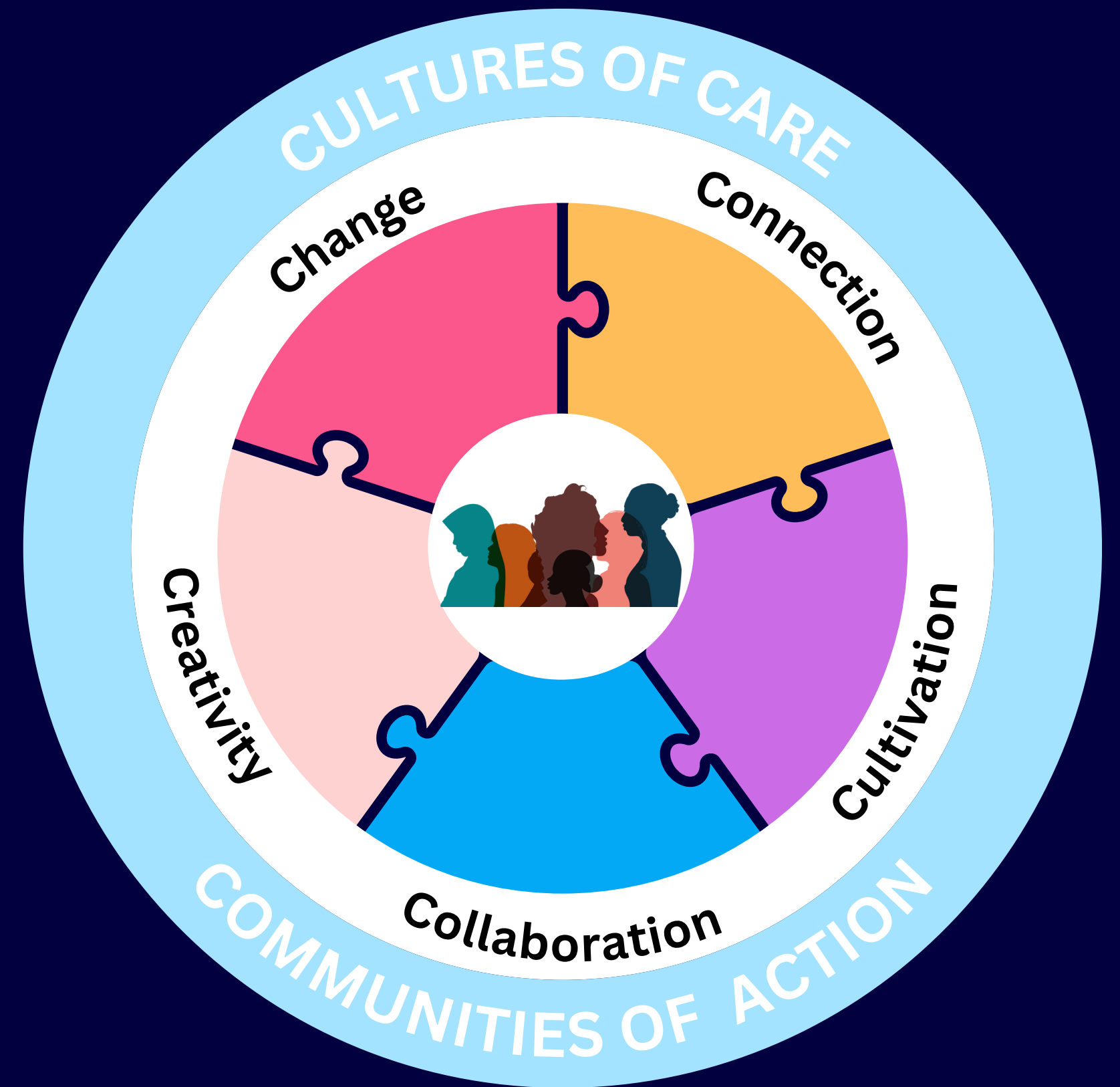
COLLABORATION

CONNECTION

CULTIVATION

CREATIVITY

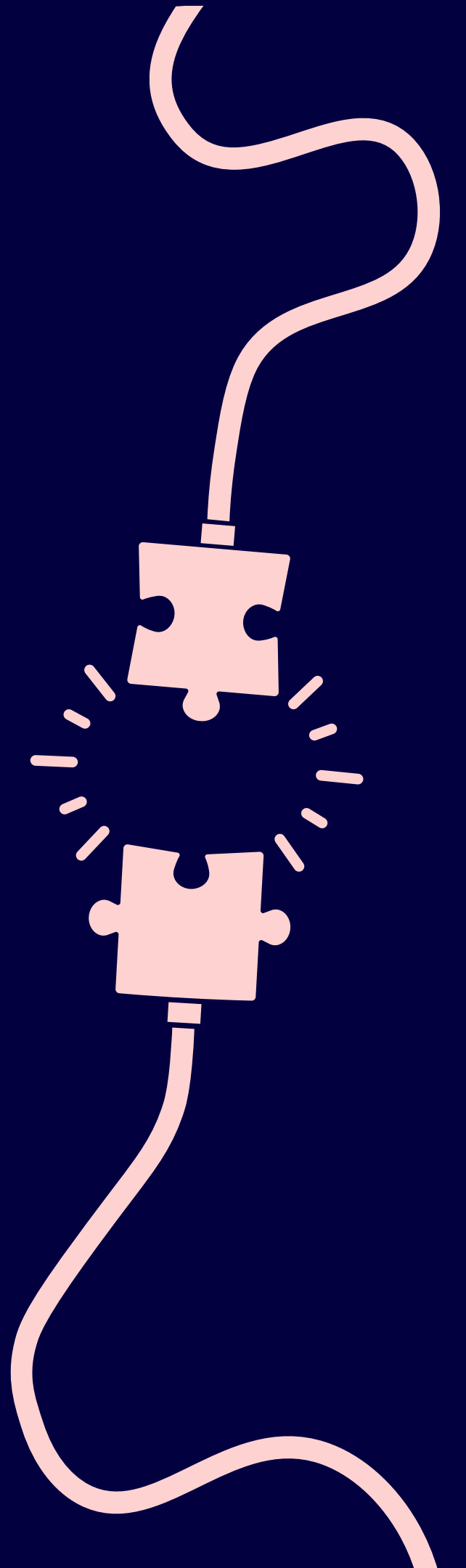
CHANGE



‘Leave no one out, have difficult conversations and utilise all the strengths everyone has to offer in a collaborative meaningful manner to influence change in systems and society’

CONNECTION

Connection was central to what people wanted. There was a strong desire for deep listening, ongoing conversations with all stakeholders, and meaningful involvement of lived and living experiences.



**WHAT WE IMAGINE THIS TO
LOOK LIKE?**

CULTIVATION

There was a strong desire to cultivate environments that support continuous learning, mentorship, and reflective practices.



**WHAT WE IMAGINE THIS TO
LOOK LIKE?**

COLLABORATION

People stressed the need for different organisations and services to work together. They pointed out that collaboration should involve aligning efforts and sharing resources to create a more supportive and effective network.



**WHAT WE IMAGINE THIS TO
LOOK LIKE?**

CREATIVITY

Creativity was seen as key to rethinking accessibility, redesigning outdated systems, and redefining success. People wanted innovative approaches to address what are often deemed as complex challenges.



**WHAT WE IMAGINE THIS TO
LOOK LIKE?**

“Work together to find new ways to support women”

CHANGE

The overarching theme was a call for systemic change. People wanted to break down barriers, address stigma, and push for policy reforms that include increased funding for things like childcare, better coordination between services, and greater representation of women accessing services in decision-making processes.



‘Women want change to happen on many levels..
they feel unheard and often not really seen’

**WHAT WE IMAGINE THIS TO
LOOK LIKE?**

WHOS RESPONSIBILITY IS CHANGE

The overwhelming response was that it is everyone's responsibility to make the changes happen.

- **Growth and Cultivation:** What specific outcomes would you like to see grow from Mná Le Chéile?
 - How do you see yourself actively participating in this growth?
- **Building Connections:** What existing connections do you rely on for support, and who else should Mná Le Chéile connect with to strengthen our network?
 - How can you help in making these connections?

- **Driving Positive Change:** What are the key areas that need positive change, and how can Mná Le Chéile help make that happen?
 - What role can you personally play in this?
- **Creativity in Action:** How do you currently use creativity to drive change, and how can Mná Le Chéile better support and amplify these efforts?
 - What personal responsibility do you have in fostering creativity?
- **Collaborative Spaces:** What would an ideal collaborative space look like for you, and how could it benefit your work or personal life?
 - How can you contribute to building these spaces?